

November 4, 2016
Oregon Coast Community College
College Council Meeting Minutes

Room 140, Central Campus, 400 SE College Way, Newport OR

Attendance: Colleen Doherty, Blake Hagan, Laura Hamilton, Gretchen Havner, Kimberly Jones, Ben Kaufmann, Shannon McKibben, Patrick Misiti, Linda Mollino, Dave Price, William Quillian, Susan Resz, Robert Roger, Alyssa Squiers, Ann Wales, Ann Way, Amanda Zerr

Meeting was called to order at 1:02pm.

October 7, 2016 minutes were distributed, reviewed and accepted by all in attendance.

Introductions were made along with everyone's favorite candy.

Info Items

Ann Way – Health & Wellness. Presentation about SAD – Seasonal Attitude Disorder.

SAD is a form of depression. For the people who are affected, the symptoms will begin this time of year as we lose light. Ann has a hand out with several ways to treat SAD which includes using lights, photo therapy, walking, sometimes a prescription, open blinds, trim tree branches, get outside, exercise, stress mgmt. activities.

Things to help with symptoms: biological clock, going to bed at a decent time and waking up regularly at the same time.

No way to prevent it. Plan ahead. Happens to older people more often.

How to help – pay attention to others who may have suicidal tendencies, absences from school, work or other regular activities. Visit your M.D. to diagnosis by physical exam and sometimes Vitamin D levels.

Ann will email the link to Mayo Clinic for further information.

President's Report – please read.

Kimberly Jones – 1.) Veterans Day Celebration will be Thursday, November 10th.

2.) FAFSA Night for Students. They are to bring financial info and Student Services will help with the forms.

3.) Career readiness workshops begin on Wednesdays in November from 11-1. Preparing resumes, doing job searches, creating cover letters are some of the workshop topics.

4.) Campus site for winter courses is now available. The content gets rolled from previous terms. Book orders need to be submitted – before registration date.

Linda – commented that books for the online component – need to be put in comment section of the form. A request to have the form updated has been made.

Linda Mollino – OCCC's Student Nursing Organization is having their 8th Annual collection of Personal Hygiene items for the Children of Lincoln County.

Ann Wales – Williams Lecture Series on Thursday, December 1st at 7pm in the Community Center

Free event focuses on immigration. The Lecture Committee needs a student representative along with a faculty / staff member. The Williams Lecture Series was revived about 3 years ago, when Wendy, widow of William established funds to have lectures that will encourage and invite community discussion. Student attendance (1993) is needed.

Birthday celebration for Susan Resz.

Discussion

CCI players – Laura Hamilton and Ben Kaufmann.

Laura and Ben presented information from the conference they attended about placement piloting new ideas from Dr. John Hetts. It is believed that student's underestimate their scores. Laura presented a review of cut scores.

Amanda –gave an explanation about the math curriculum and new pathway to university.

Fall term unveiled double enrollment into math 95 enrollment was down in math 20 and 60. Math dept created documents with math problems to give to students (online) so they can figure out where they belong. To ask the question "What math are you ready for ???" GED scores – we are using recommendations from the state. It has been found to cause both emotional and financial stress to be in basic and work towards university.

The members of the College Council participated in an Interactive experience –attendees become students and instructors

Discussion has happened in the past on this topic, but still need to get to the heart of the matter.

Attendees divided into groups (students and advisors) there were handouts for each group to follow.

Each group was paired up (student/advisor) dialogue ensued between student and advisor using the handout.

Attendees switched roles.

Debrief of Interactive Experience – Laura Hamilton

2012 Advisors – overwhelming. No time to acknowledge student situation. Get right to scores. Fear factor by advisor. Concrete. This is the way it is. Was in a maze and didn't understand where it was going. At least there was an answer.

2016 – didn't know my ability. Advisor – asking students to know who they are. Student felt empowered because they could see what they would be learning. Modeling a way (analytical). Avg advising time is one hour with students. Students get the opportunity to be more self-reflective.

Announcements

Laura-reading 117 is being offered next term reading studying and testing – to help with college course studies.

Linda – Student Nurse Organization – collecting hygiene products for homeless youth on Tuesday the Health Project along with Waverly collecting items. During Christmas foster care assoc. collects money for gift cards for teenagers in foster care in Lincoln county. Will purchase Walmart and Fred Meyer gift cards deadline- usually sometime first part of December. Will pass basket at December coco meeting. HELP Project 900 homeless will show stats about clinics at each of the high schools.

Silent auction for Susan Archiletto foundation scholarship.

Meeting adjourned 3:00pm.

Next Meeting Friday December 2, 2016 1-3pm