A decorative graphic featuring various colored circles and dashed lines. The colors include teal, light blue, lime green, orange, pink, and yellow. The dashed lines are light blue and yellow, forming a large, irregular shape that frames the central text. The circles vary in size and some have smaller circles inside them, creating a layered, abstract effect.

Understanding Transgender for College Students

Oregon Coast Community College Fall Inservice 2019

Hello!



I am Miriam Friedman

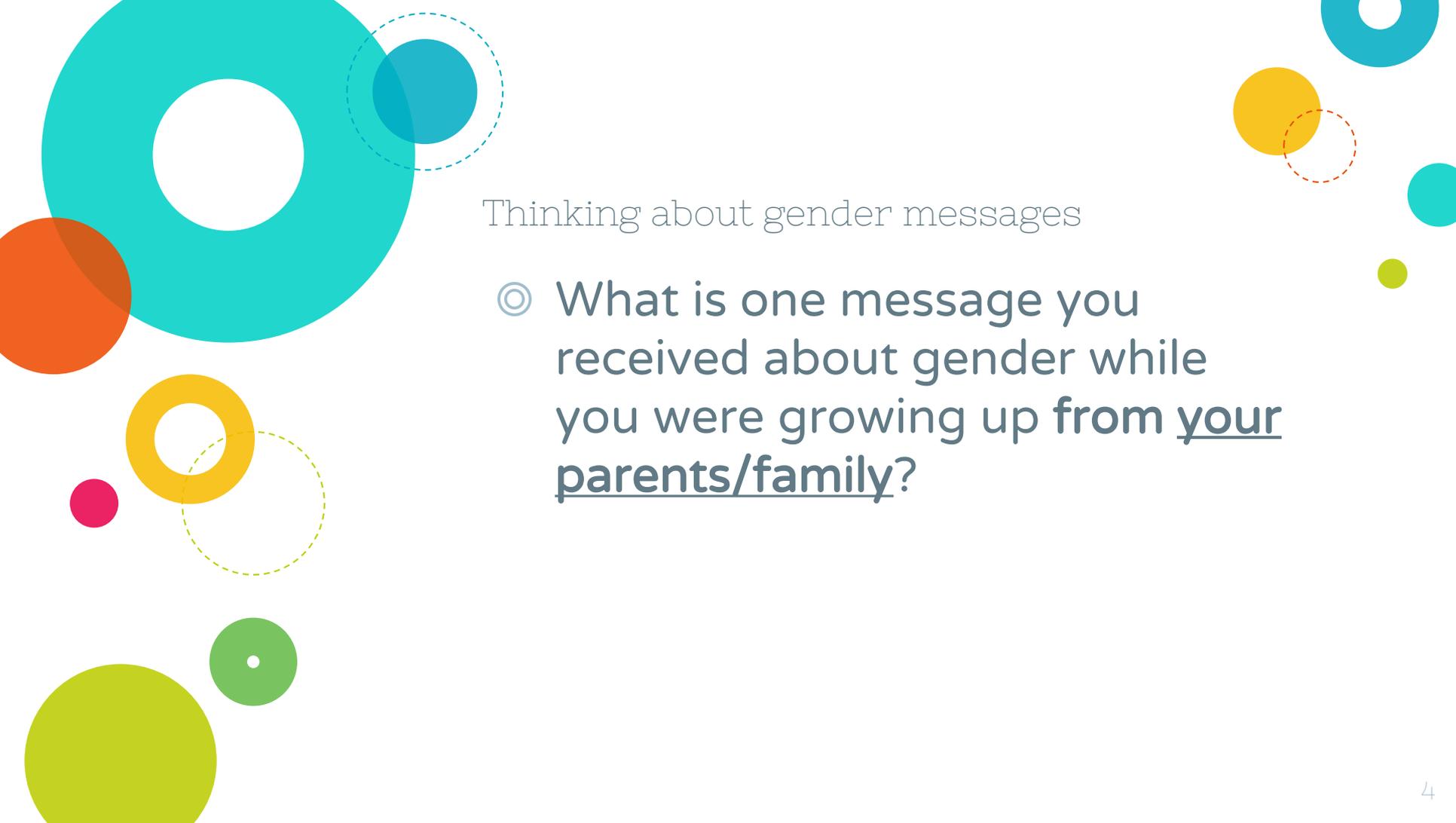
I am here to spark your curiosity.

A decorative graphic featuring a large, light blue dashed circle that frames the central text. Scattered around this circle are various solid-colored circles and rings in shades of green, yellow, orange, red, and teal. Some circles are solid, while others are hollow rings. The overall aesthetic is modern and vibrant.

“

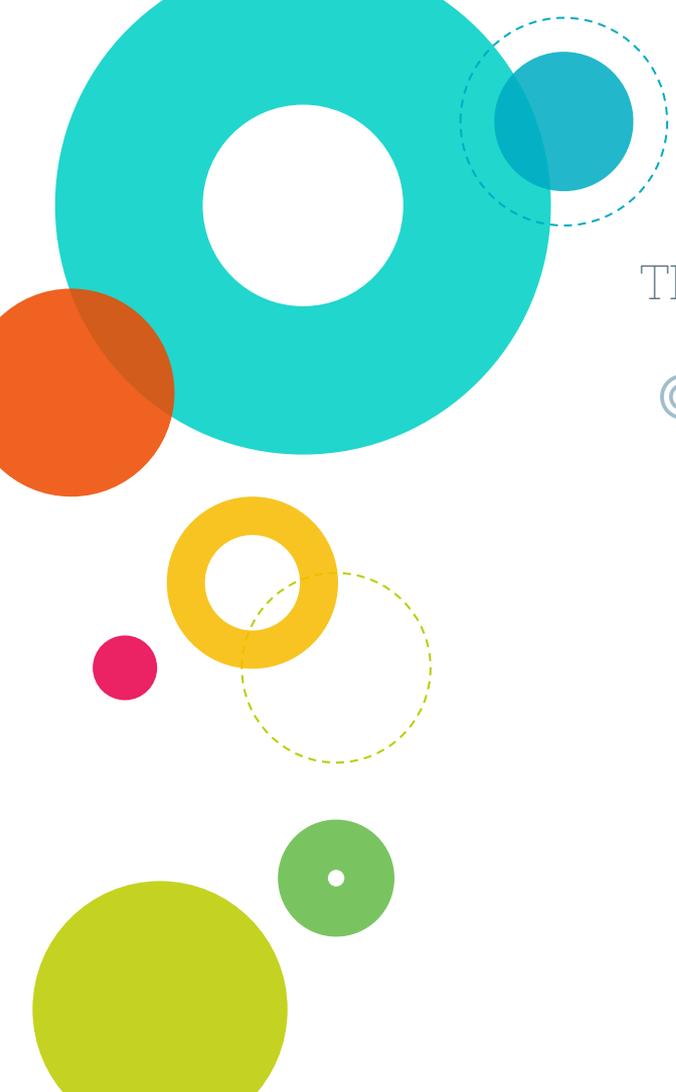
"I believe that telling our stories, first to ourselves and then to one another and the world, is a revolutionary act."

Janet Mock, the first transgender woman of color to write and direct an episode of television.



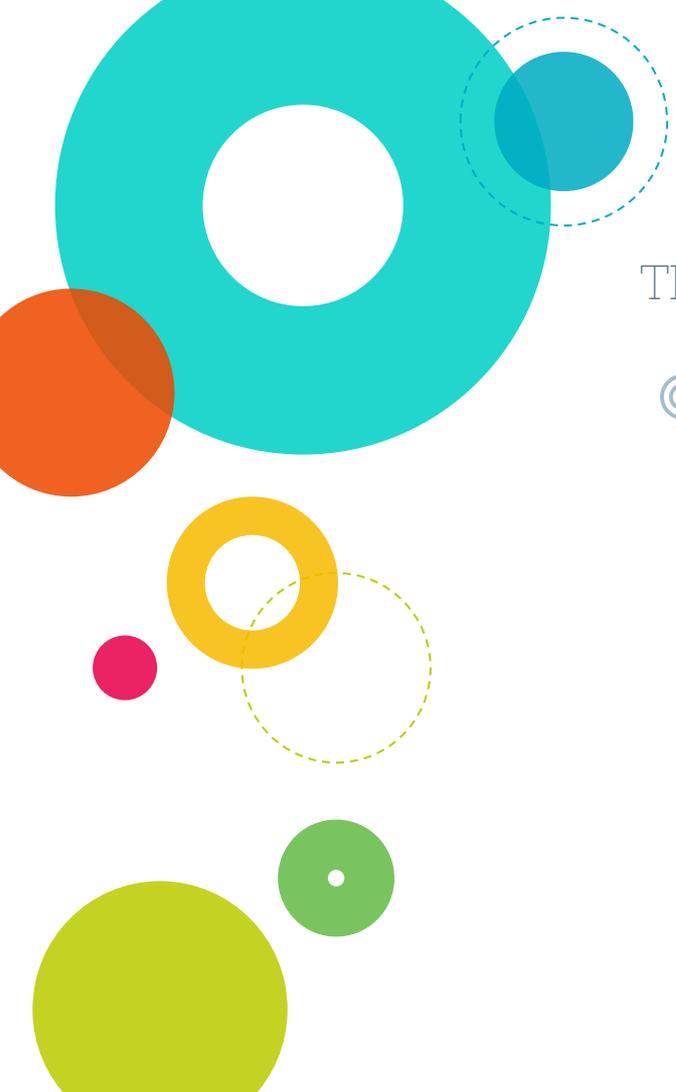
Thinking about gender messages

- © What is one message you received about gender while you were growing up from your parents/family?



Thinking about gender messages

- © What is one message you received about gender while growing up, from peers?

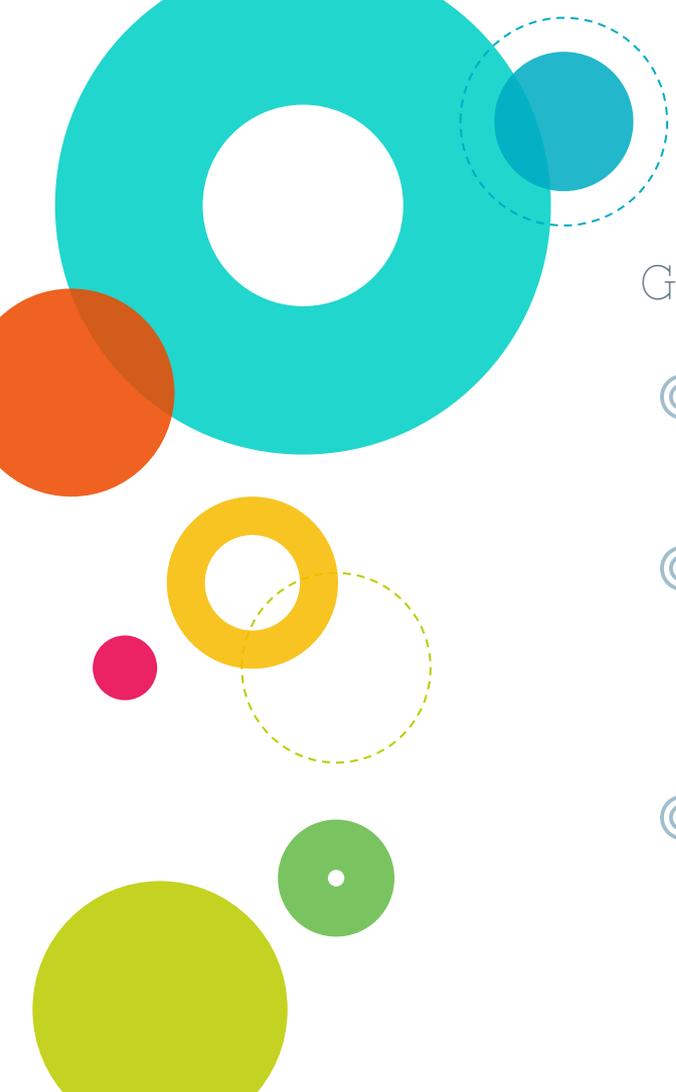


Thinking about gender messages

- © What is one message you received about gender from the media as you were growing up?

It's all around us





Gender messages

- ◎ May embody stereotypes deeply ingrained in society.
- ◎ Thinking about where these messages come from helps us find common ground.
- ◎ Helps us be ready to tackle deeper issues about gender & gender identity.

A decorative graphic featuring a large, light blue dashed circle that frames the central text. Various colored circles and rings are scattered around the page: a large green circle at the top left, a large cyan ring at the top center, a large yellow circle at the top right, a large orange circle at the bottom left, and a large orange ring at the bottom right. Smaller circles in green, blue, orange, and pink are also present.

“

“Be yourself. Everyone else is
already taken.”

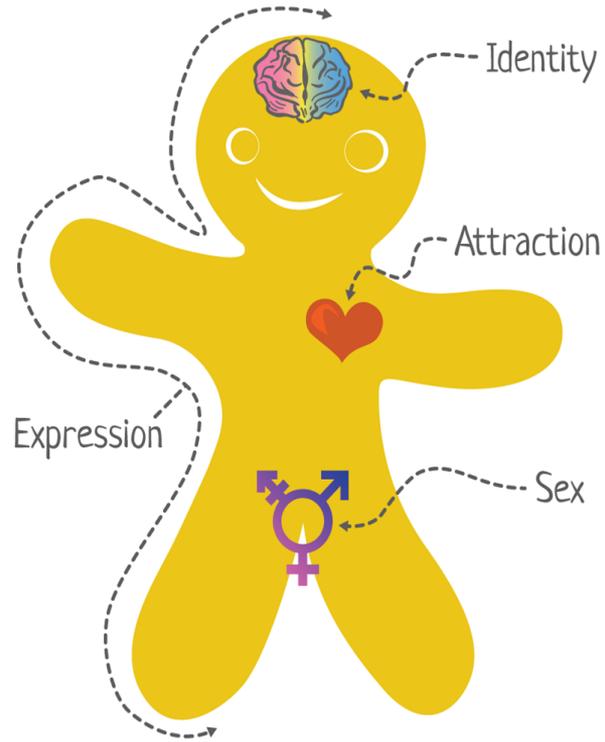
- Oscar Wilde

LGBTQ is an acronym

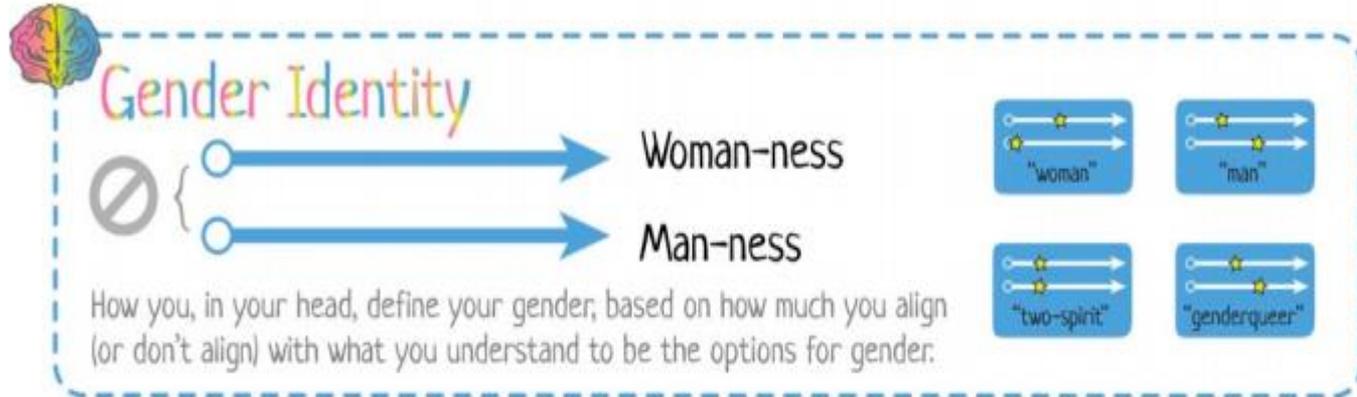
meant to encompass a whole bunch of diverse **sexualities** and **genders**. Folks often refer to the Q (standing for "queer") as an **umbrella term**, under which live a whole bunch of identities. This is helpful because **lesbian, gay,** and **bisexual** aren't the only marginalized sexualities, and **transgender*** isn't the only gender identity. In fact, there are many more of both!



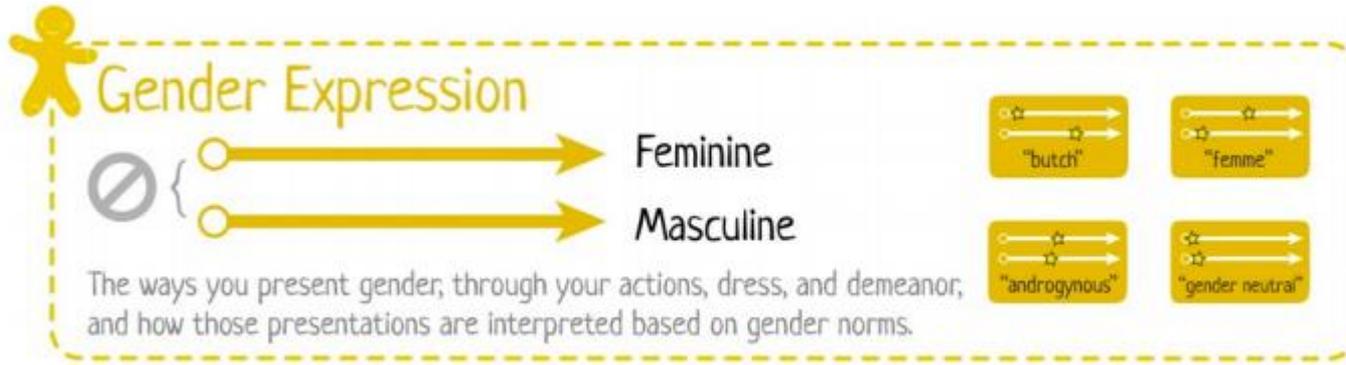
The Genderbread Person v4 by its pronounced METROsexual.com



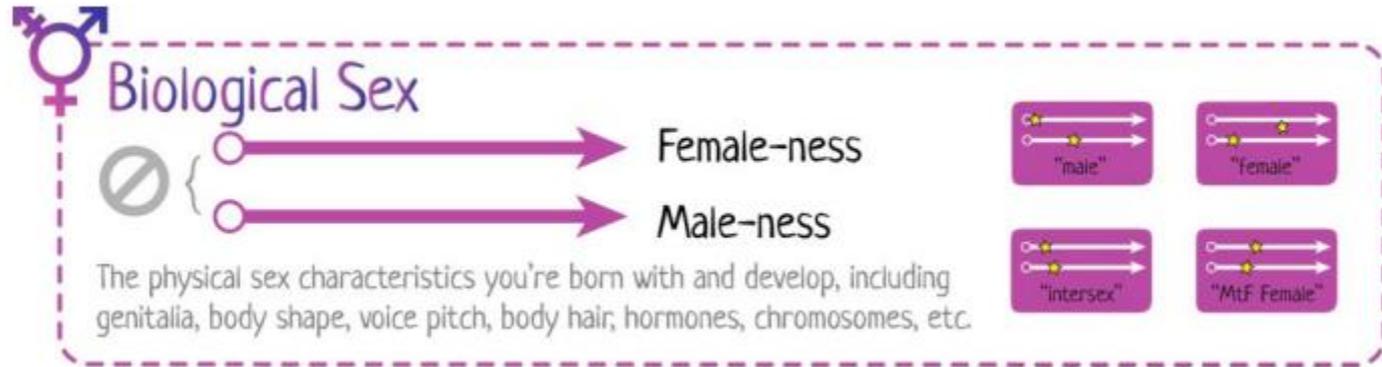
GENDER IDENTITY: WHO YOU THINK YOU ARE



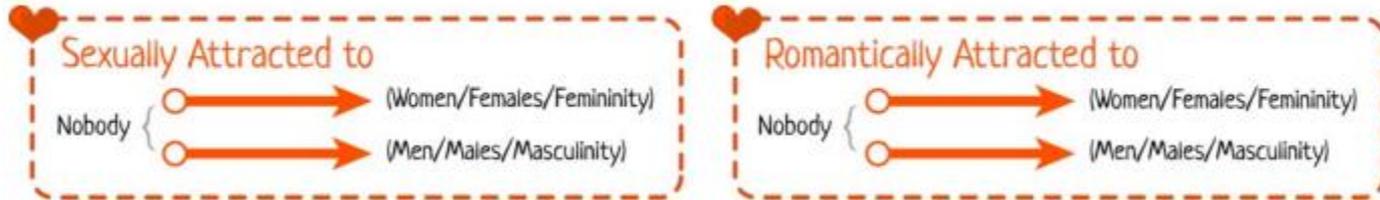
GENDER EXPRESSION: HOW YOU DEMONSTRATE WHO YOU ARE



BIOLOGICAL SEX: THE EQUIPMENT UNDER THE HOOD



ATTRACTION: WHO YOU ARE ROMANTICALLY AND SEXUALLY ATTRACTED TO

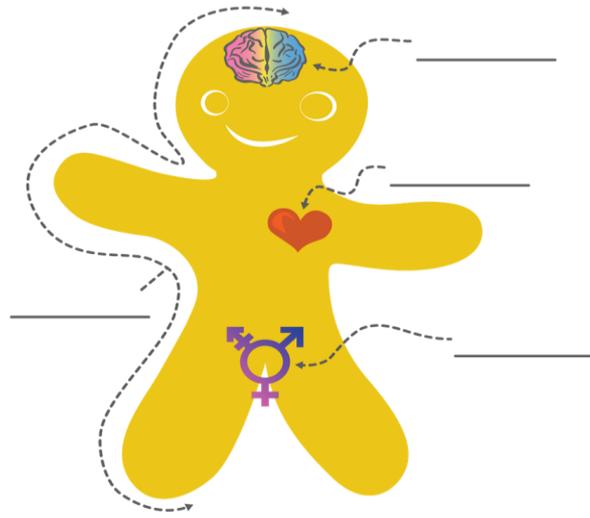


A decorative graphic featuring a large, light blue dashed circle that frames the central text. The background is white, and the corners are decorated with various colored circles (pink, orange, yellow, green, teal, blue) and dashed lines of different colors.

PUTTING IT ALL TOGETHER

Identity \neq Expression \neq Sex
Gender \neq Sexual Orientation

Gender identity, gender expression, biological sex, and sexual orientation are independent of one another (i.e., they are not connected).



⊗ means a lack of what's on the right side

 Gender Identity

⊗ → _____
 ⊗ → _____

 Gender Expression

⊗ → _____
 ⊗ → _____

 Anatomical Sex

⊗ → _____
 ⊗ → _____

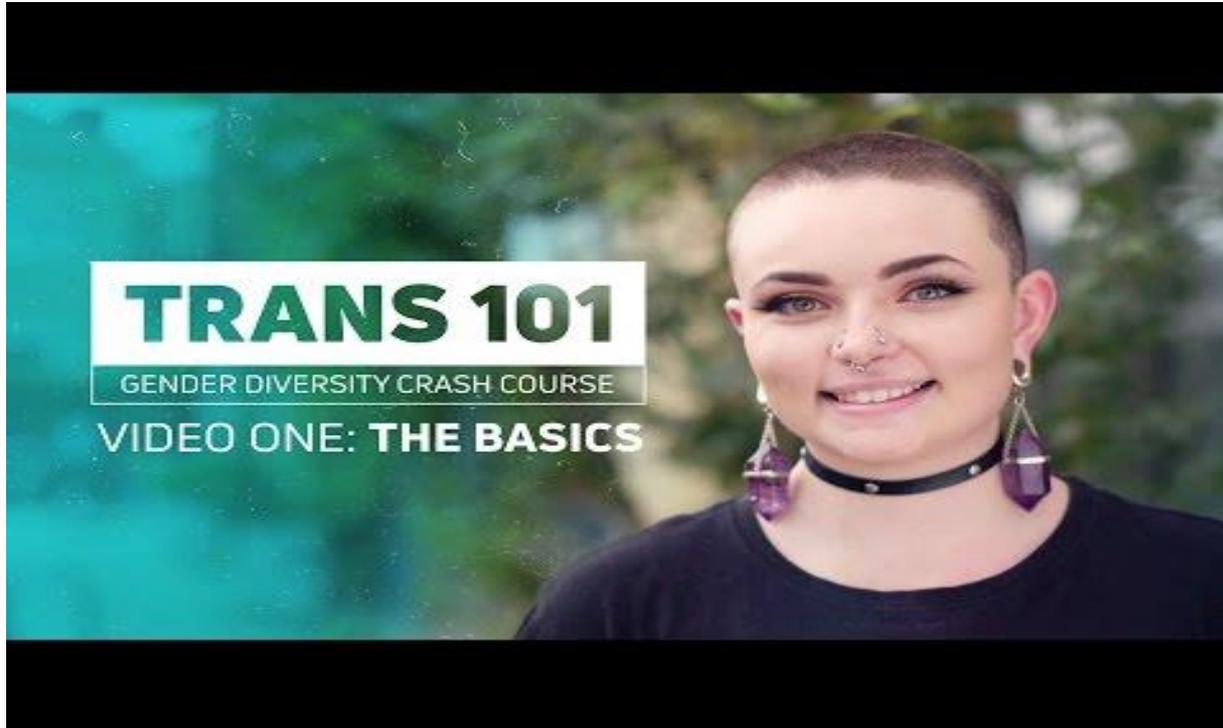
 Sexually Attracted to...

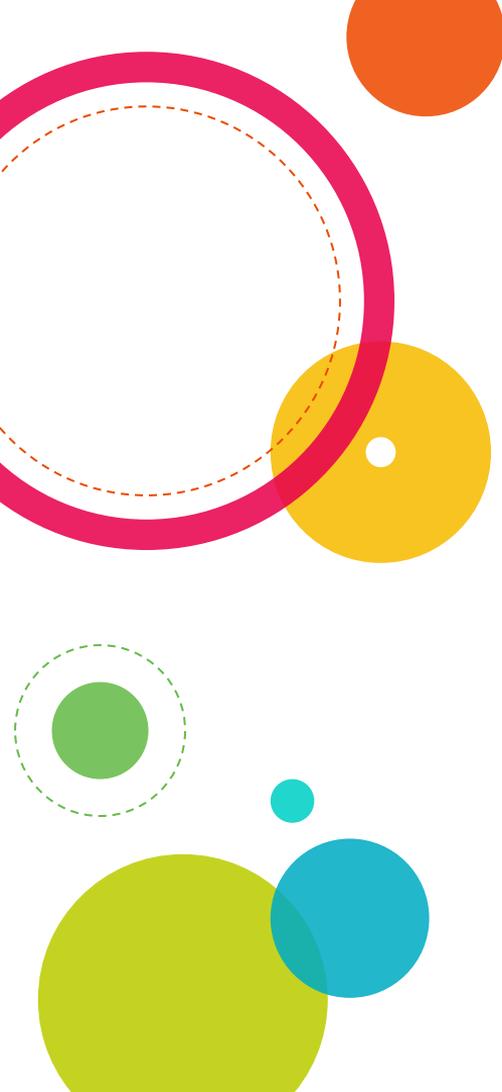
⊗ → _____
 ⊗ → _____

 Romantically Attracted to...

⊗ → _____
 ⊗ → _____

Trans 101





Terminology

Take a few minutes to match the definitions with the answers.

Feel free to work with the people who are sitting closest to you to work out the answers together!

Terminology answers

1. F – Sexual Orientation
2. C – Biological Sex
3. K – Sex Assigned At Birth
4. N – Gender Identity
5. A – Cisgender
6. I – Transgender
7. M – Gender Expression
8. B – Gender Non-Conforming
9. H – Transgender Woman
10. J – Transgender Man

11. E – Medical Transition
12. L – Pubertal Suppression
13. D – Gender Dysphoria

Pronouns



Commonly used pronouns

Subjective	Objective	Possessive	Reflective	Example	Pronunciation
She	Her	Hers	Herself	She is speaking. I listened to her. The backpack is hers.	Pronounced as it looks
He	Him	His	Himself	He is speaking. I listened to him. The backpack is his.	Pronounced as it looks
They	Them	Their(s)	Themselves	They are speaking. I listened to them. The backpack is theirs.	Pronounced as it looks
Ze	Hir	Hirs	Hirself	Ze is speaking. I listened to hir. The backpack is hirs.	pronounced: zee, here, here, heres, hereself

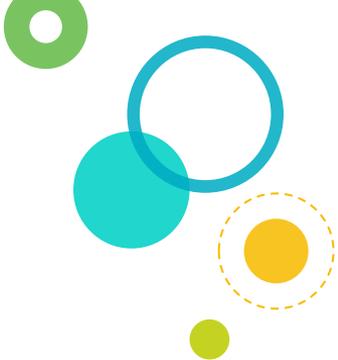


Time to practice!

Waverly the Shark mad libs.

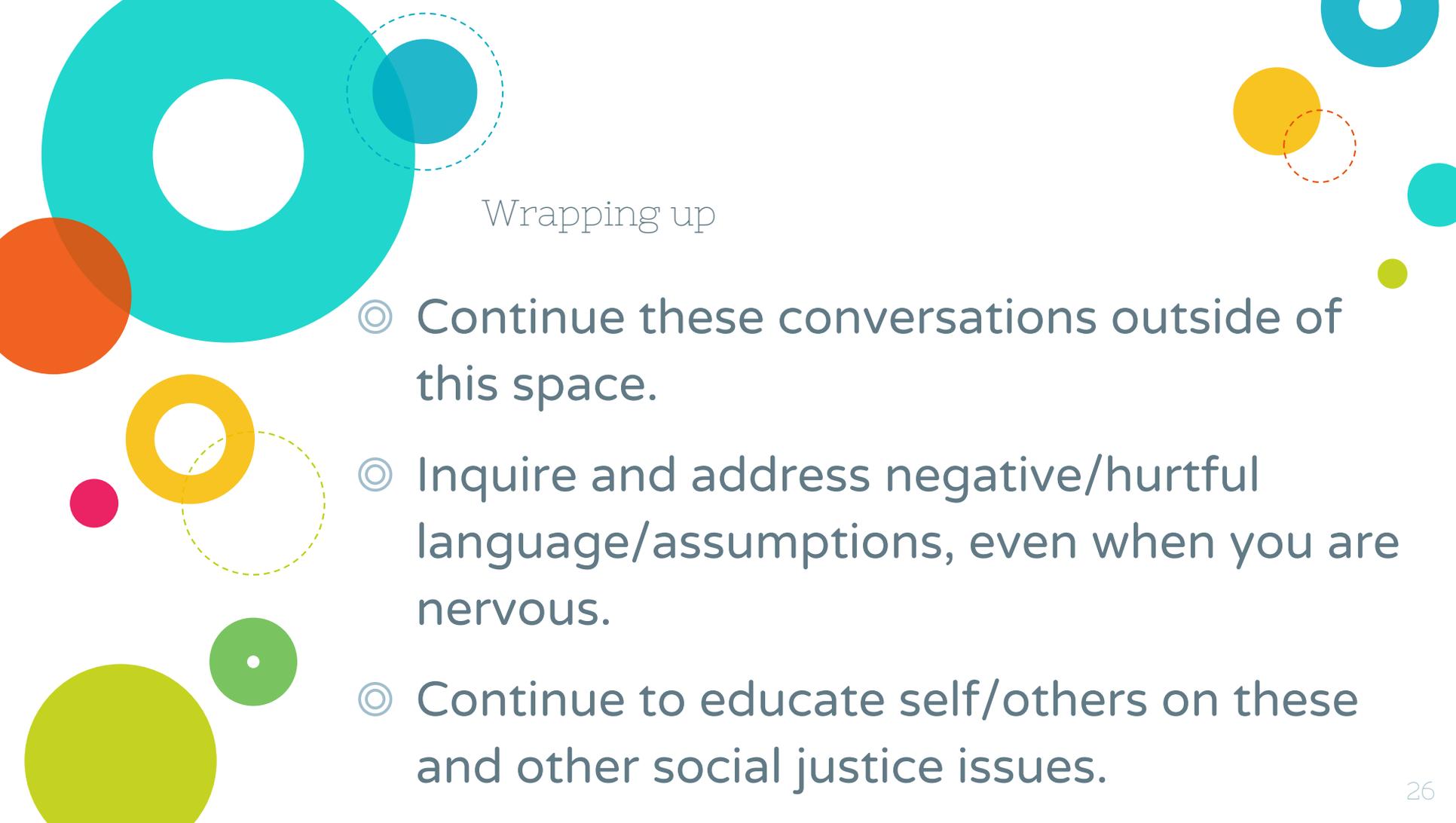


Pronoun Best Practices

1. State Your Specific Pronouns
 2. Always Ask
 3. Use A Person's Name If You Don't Remember
 4. Switch It Up
 5. Apologize & Move On
 6. Practice
- 



Questions?



Wrapping up

- ◎ Continue these conversations outside of this space.
- ◎ Inquire and address negative/hurtful language/assumptions, even when you are nervous.
- ◎ Continue to educate self/others on these and other social justice issues.

LEARNING



Resources

- Pronouns: A Resource - GLSEN - <https://www.glsen.org/sites/default/files/GLSEN%20Pronouns%20Resource.pdf>
- Teaching Transgender Toolkit - <http://www.teachingtransgender.org/>
- PFLAG (the extended family of the LGBTQ community. Made up of LGBTQ individuals, family members and allies.) - Oregon Coast Chapter - <https://pflag.org/chapter/pflag-oregon-central-coast>

Crisis Resources

- The Trevor Project
1-866-488-7386
- National Suicide Prevention Lifeline
1-800-273-8255
- GLBT National Help Center
1-888-843-4564
1-800-246-7743



You can find me at miriam.friedman@gmail.com